

“Who Will Deliver My Baby?”

We’re so happy that you’ve decided to have your baby with Exceptional Care for Women. During the course of your pregnancy we’ll get to know one another pretty well, and I hope I’ll be able to be the one who has the honor of delivering your baby. I want to let you know what arrangements I’ve made for you to receive the best delivery care possible, whether it’s with me or with one of the other members of my “on-call” team. I can’t pretend that we all do everything *exactly* the same way, but we do all share a common practice philosophy. Our goals are to respect your autonomy as a patient, to partner with you to give you the information you need to make the best decisions for you and your baby during the process of labor, to avoid unnecessary interventions (e.g. “routine episiotomy”); and to make this the best birth experience possible, that culminates in a healthy baby being placed in the arms of his or her healthy mother.

We’re fortunate to have our office directly adjacent to the hospital. What this means is that even if I’m not “on call,” if you come in on a day when I’m in the office, I’ll be able to take care of you during labor and be there to deliver your baby. During the night and on the weekends, we take turns doing the deliveries for our practice. This keeps us from getting too sleep-deprived, something that is important for safe medical care.

Here is our “on call” team:

Dr. Jody Boydston completed residency in one of the country’s finest OB/GYN programs in 2009. She has been with Exceptional Care for Women since that time, starting just a year after the practice was founded. She brings a great energy to our practice.

Dr. Abigail Brubaker completed her residency training in OB/GYN through the University of Kansas in Wichita, Kansas in 2017. Following residency, she returned to her home state of Nebraska to practice in a rural setting for two years. After spending most of their weekends playing in Colorado, she and her husband, Todd, a pediatric hospitalist with the University of Colorado Children’s Hospital, are excited to call Colorado home now.

Dr. Delia Duncan is our newest member to the Exceptional Care for Women family, joining in September 2025. She was born and raised in Colorado and then attended Florida State University (Go Noles!) where she graduated with a Bachelor of Science with minors in Chemistry, Biology, and Psychology. She traveled back to Colorado for medical school and was a student under Dr. Wagers during her 3rd year of medical school. She then completed her residency in OB/GYN in Phoenix, Arizona and is excited to return to her home state of Colorado to practice and be closer to her friends and family.

Dr. Diedre Wagers joined the practice in 2013. After completing her OB/GYN residency, she stayed on at the University of Illinois to teach residents and medical students for a bit. While she enjoyed teaching, she was excited to return to her home state and has enjoyed caring for the patients of Colorado Springs since.

We’re very proud of the team we’ve assembled. Everyone in our call group is skilled, well-trained, and loves to deliver babies! We recognize that the birth of a child is one of the most significant events in a family’s life, and we want to make that experience as special as we can. If you want to meet the other providers in our on-call team, just let me know, and we’ll make sure to schedule visits with each of them throughout your pregnancy.