

## “Who Will Deliver My Baby?”

We're so happy that you've decided to have your baby with Exceptional Care for Women. During the course of your pregnancy we'll get to know one another pretty well, and I hope I'll be able to be the one who has the honor of delivering your baby. I want to let you know what arrangements I've made for you to receive the best delivery care possible, whether it's with me or with one of the other members of my “on-call” team. I can't pretend that we all do everything *exactly* the same way, but we do all share a common practice philosophy. Our goals are to respect your autonomy as a patient, to partner with you to give you the information you need to make the best decisions for you and your baby during the process of labor, to avoid unnecessary interventions (e.g. “routine episiotomy”); and to make this the best birth experience possible, that culminates in a healthy baby being placed in the arms of his or her healthy mother.

We're fortunate to have our office directly adjacent to the hospital. What this means is that even if I'm not “on call,” if you come in on a day when I'm in the office, I'll be able to take care of you during labor and be there to deliver your baby. During the night and on the weekends, we take turns doing the deliveries for our practice. This keeps us from getting too sleep-deprived, something that is important for safe medical care.

Here is our “on call” team:

**Dr. Ellen Arendt** has been practicing in Colorado Springs since 1994, and before that she was a practicing OB/GYN in Chicago for 4 years. She and Dr. Diane Ryan (who retired from medicine in December 2018) founded Exceptional Care for Women in 2008.

**Dr. Jody Boydston** completed residency in one of the country's finest OB/GYN programs in 2009 and has been with Exceptional Care for Women since that time. She brings a great energy to our practice. She has both experience, as well as knowledge of the latest innovations in the field of obstetrics, a benefit of having graduated from an academic program.

**Dr. Melinda Bron** joined the group in August 2017. She completed residency in OB/GYN at Wesley Medical Center in Wichita KS, an affiliate of the University of Kansas-Wichita. She worked in private practice in Wichita for a year before following her dream of moving to Colorado.

**Dr. Abigail Brubaker** is the newest to join Exceptional Care for Women and will begin seeing patients in September 2019. She completed her residency training in OB/GYN through the University of Kansas in Wichita, Kansas in 2017. Following residency, she returned to her home state of Nebraska to practice in a rural setting for two years. After spending most of their weekends playing in Colorado, she and her husband, Todd, a pediatric hospitalist with the University of Colorado Children's Hospital, are excited to make Colorado home.

**Dr. Diedre Wagers** joined the practice in 2013. After completing her OB/GYN residency, she stayed on at the University of Illinois to teach residents and medical students for a bit. While she enjoyed teaching, she was excited to return to her home state and has enjoyed caring for the patients of Colorado Springs since.

We're very proud of the team we've assembled. Everyone in our call group is skilled, well-trained, and loves to deliver babies! We recognize that the birth of a child is one of the most significant events in a family's life, and we want to make that experience as special as we can. If you want to meet the other providers in our on-call team, just let me know, and we'll make sure to schedule visits with each of them throughout your pregnancy.